



Mental health

Not just a state of mind!

Here at Mech-Elec building services, we understand the importance of Mental health in the workplace.

We offer a confidential open-door policy, not only to our team of employees but site wide on all our projects, helping to fight mental health as a collective in the construction industry.

The general well-being of our team is as important to us as it is to each and every one of our employees. We understand that everyone is different and our component mental health first aiders are here to help if and when required.

no one is alone in this battle, Together we are stronger.

